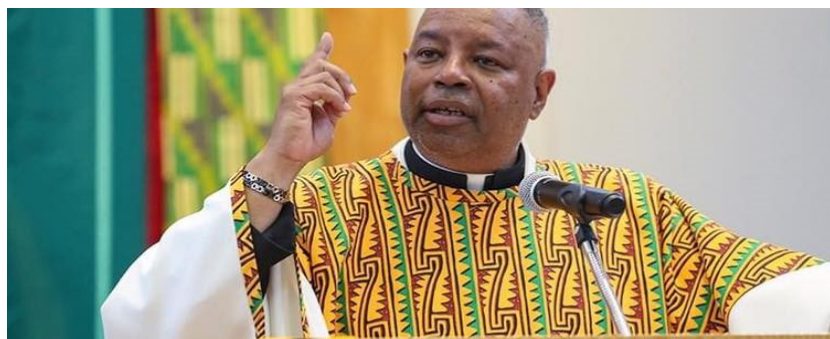


Bowman-Francis Team Ministry Newsletter

WELL DONE MY FAITHFUL SERVANT



Inspired by his mother and a parish priest at Our Lady of the Gardens Church on Chicago’s far south side, his interest in a life of service began early. “Father Chester often spoke of the encouragement he received from Father [Edward] Delaney to become a priest ‘because your people need you,’” said his identical twin brother Father Charles Smith SVD. “Father Delaney’s comments were the foundation of his ministry, encouraging Black men and women to be leaders in their communities, parishes, and churches.”

As a founding member of the Bowman Francis Ministry Team, Father Chester Smith designed and implemented retreats, leadership programs, and revivals that celebrate African and African-American culture within the context of the Catholic Church. For two decades, he organized the National Black Catholic Men’s Conference, which annually draws multiple generations of African-American men for workshops and liturgies. “Father Chester’s ministry of liberation led him to travel throughout the United States, Europe, Canada, and the Caribbean,” his brother said. “He wanted to feed people who were hungry for the Word and the truth about life, especially from a spiritual point of view. His missions, revivals, workshops, retreats, and motivational speaking filled that need.”

Remembering without ceasing
YOUR WORK OF FAITH, AND LABOUR OF LOVE,
and patience of hope in our Lord Jesus Christ,
in the sight of God and our Father.
1 Thessalonians 1:3

IN THIS EDITION:

- Well Done My Faithful Servant
- Remembering Fr. Chester Smith
- Your Health & What We Need To Know
- Teen’s & Alcohol/Drug Abuse
- National Black Men’s Conference
- Bowman-Francis Ministries
- Kappona Dadda Women’s Conference
- Website Information
- Success Stories
- Mission Statement
- Calendar of Events



Your Health And What You Need To Know

Healing Ministry: For people working through their depression and/or anxiety, practicing mindfulness and centering prayer.

stress the principles for leading a whole and holy life. I suggest you read “The Mindful Catholic” by Dr. Gregory Bottaro

Remember, you are not alone! When we are anxious and/or depressed, our own best thinking is distorted. Come and join the Bowman Francis Team Bible Study, and be reminded of God created you to be. In this bible study on God’s liberating power in the Old and New testaments, we

One of the worst things for anxiety and depression is isolation. Remember, you are not alone! **Love is our true identity. We do not find the meaning of life by ourselves alone. We find it with another. Thomas Merton**

“To ensure good health: eat lightly, breathe deeply, live moderately, cultivate cheerfulness, and maintain an interest in life.” -William Londen

Teen Drug and Alcohol Abuse

Drugs and alcohol have a greater effect on teens than on adults. The signs of addiction can be difficult to understand, and many adolescents don’t realize the long-term damage drugs have on their bodies because the short-term side effects fade. If you have questions about drug abuse or think that your teen has an addiction, help is available.

If you know of a teen who is in need of help call the Substance abuse and mental health services administration national help line at 800-662-4357

HELPING OUR TEENS STAY ALCOHOL & DRUG FREE

Most parents don’t want to think about their teen using drugs. They assume their teen is doing Ok. They may be obvious if their teen was into drugs or alcohol. Unfortunately, even teens with great parents sometimes take risks and make dangerous choices. **WHY DO TEENS TAKE RISKS?** A teen’s brain is very sensitive to emotions and doing things that feel good. Plus, their brains aren’t fully developed yet. This means they are not ready to make rational decisions all the time. They may also struggle with mental health issues like depression or anxiety. It can be all too easy to slip into using drugs or alcohol.



WHAT CAN PARENTS DO?

A good relationship with your teen is important. This can help them feel they can talk to you about challenges they are facing. This also means they might come to you if they have a problem with drugs or alcohol. Here are some tips to help you and your teen stay **CONNECTED**:



Be a great Listener. Talk with your teen about their daily life. Give them a chance to express their opinion. Don’t interrupt. Ask them how you can help. Help them find activities. Teens do well if they have an outlet for fun & stress relief. This may be music, sports, religious activities or volunteering. Know your teen’s friends. Encourage your teen & their friends to hang out at your house. Don’t solve their problems for them. It is often more effective to teach them skills to help them solve their own problems. If they have a fight with a friend, talk with them about ways they could work it out themselves. Offer your support but try not to step in. Talk about tough stuff. Help your teen figure out what to do if they are being pressured into something. Show them that they can turn to you. Can they talk to you about peer pressure, sex, race, religion, and drinking?



National Black Men's Virtual Conference

FRIDAY OCTOBER 23 TO SUNDAY 25, 2020

BOWMAN-FRANCIS TEAM MINISTRY - Will host their first ever all digital Annual National Black Catholic Men's Conference

Conference originally schedule for October 22nd to 25th will now feature online programming October 22nd – October 25th , 2020. In Indianapolis, Indiana with the Bowman Francis Team Ministry.

Project, INC (NBCMC) announced today it will deliver its Annual Men's Conference completely online later this fall. The new format, virtual BFT, will allow "attendees" to experience the programming they have been accustomed to from the comfort and safety of their homes.

Attracting more than 500 men annually to a different city each year, the Annual Conference is the Bowman Francis Team Ministry's leading public policy convening on issues impacting African-American men and the global black community. Historically, the four day conference is held in October in a major city in the USA.

We are excited to offer the National Black Catholic Men's Conference completely online this year to ensure the Bowman Francis Team Ministry mission is fulfilled, and the discussions and solutions around issues important to African Americans and our supporters remain at the forefront" said Fr. Charles Smith, one of the founding team members of the Bowman Francis Team Ministry. "When reshaping this year's conference, we couldn't ignore the economic impact of COVID-19 has had on the African American community which affects affordability to travel as well as our stakeholders and supporters' overall health concerns, and level of comfort with air travel and ground travel to other states and regions"

"Attendees" at this year's Black Men's Conference will tune in to thoughtful leaders, subject matter experts, legislators, and concern citizens on issues related to economic development, evil, social and environmental justice, public health, and education and family among other topics.

Virtual NBCMC will include more than fifteen issue forums and brain trust led by the Bowman Francis Team, Caucus Members, a National Town Hall-Harambee; the Emerging Young Black Catholic leaders and live Gospel music by Men in the Fire. A daily praise and worship service, mass service, and evening adoration service will also be featured in October. To receive Virtual National Black Catholic Men's Conference, special quest announcements, registration information and programming updates in the coming weeks and months, subscribe to receive the Bowman Francis Ministry e-newsletter and follow Bowman Francis on Twitter and Instagram.

Conference Rate- Early Bird Registration- Deadline September 15th

\$75- Early bird General Registration—\$35- Early bird Youth Registration

WHY A BLACK CATHOLIC MEN'S CONFERENCE?

We are committed Black men, principally Catholic, who recognize our need for God's help! We gather in Christ's presence in an atmosphere of trust, equality and anonymity, to share personal feelings and experiences. We unconditionally accept one another and prayerfully support one another We feel encouraged by the Holy Spirit to share with one another.....Men to Men!

I have come so that you may have life, and have it abundantly: (John 10:10)

For more information or to register for the conference visit us on the web at:

www.bowmanfrancis.org

**Regular Registration-
September 16th- October 21st**

\$100- General Registration

\$50- Youth General Registration

Registration Deadline-
Wednesday, October 21st

**YOU MATTER
TO GOD**



CONTACT US

Give us a call for more information about our programs.

BOWMAN-FRANCIS
MINISTRY PROJECT

8681 Jaffa Court E.
Drive, Apt 31

Indianapolis, Indiana
46260-5328

OFFICE: 317-800-1621

EMAIL:

ministry@bowmanfrancis.org

Visit us on the web at:

www.bowmanfrancis.org



BOWMAN-FRANCIS MINISTRIES

- NATIONAL BLACK CATHOLIC MEN'S CONFERENCE
- CHESTER P. SMITH SCHOLARSHIP
- T-SHIRTS
- MAE RUTH FORTE PENNY
- AMBASSADORS OF THE WORD YOUTH
- KAPONA DADA - WOMEN'S CONFERENCE

<input type="checkbox"/> \$10	<input type="checkbox"/> \$25	<input type="checkbox"/> \$50	<input type="checkbox"/> \$100	<input type="checkbox"/> \$500	<input type="checkbox"/> \$1000	<input type="checkbox"/> Other
-------------------------------	-------------------------------	-------------------------------	--------------------------------	--------------------------------	---------------------------------	--------------------------------

MAKING DONATIONS AND PAYMENTS

Please make your tax deductible donation payable to:

BOWMAN-FRANCIS MINISTRIES PROJECT, INC.

In the MEMO section on the check/money order put the ministry name it's for. (i.e.: Men's Conference, T-shirts)

Please mail your check or money order to:

8681 Jaffa Court East Drive, Apt 31, Indianapolis, Indiana 46260

You make your donation through Zelle app.

How to send payments to the BOWMAN-FRANCIS MINISTRIES PROJECT, INC

◆ Download the Zelle app on your cell phone or computer.

◆ Get started by enrolling your email or U.S. mobile number through your mobile banking app or with the Zelle app

◆ Enter the preferred U.S. mobile number: (317-800-1621).

◆ Enter the amount to send. Recipient will be notified.

◆ Use the MEMO box to enter the ministry you are donating or paying for (i.e.: Men's Conference, T-shirts etc.)

◆ YOU CAN USE THE ZELLE APP EVEN IF YOUR BANK DO NOT USE ZELLE.

Accounts Pay & transfer Collect & deposit Account management

Chase QuickPay® with Zelle® Send money Request & split QuickPay activity QuickPay recipients QuickPay settings What is Chase QuickPay® with Zelle®? >

Send to: Choose or add a recipient

Email/mobile number: Choose an email/mobile number ENTER: 317-800-1621

Pay from: TOTAL CHECKING (...)

Amount: \$

Send on: 12/12/2018

Memo (optional): Please use this section to name what ministry this deposit is for.

When will my money get there? ⓘ

You do not have to choose or add a recipient.

Repeating payment Off

IMPORTANT INFORMATION

Cancel Next

You can also make donations by visiting our website at <https://www.bowmanfrancis.org/> and select the DONATE tab.

KAPONA DADA

WOMEN'S CONFERENCE

The Bowman Francis Team is selling this beautiful t-shirt displaying strong African American women. If you would like to place an order for this t-shirt, please email Marcheta Smith at marchetasmith@gmail.com or text her at 317-366-4622 and make sure you state T-SHIRT ORDER along with your name in the text message so she can email you the order form. **You can also place your order and make payment by visiting our website at <https://www.bowmanfrancis.org/> and select the MORE tab then select the ORDER MERCHANDISE tab.**

Cost: Adult T-shirts \$25.00 add \$2.00 for each additional X. Youth T-Shirts \$20.00

Size: S, M, L, XL, XXL, XXXL, XXXXL
YS, YM, YL



FRONT

BACK

BOWMAN-FRANCIS MINISTRIES PROJECT, INC WEBSITE

We are excited to announce that our new website is live. The site includes an updated layout for both mobile and desktop versions. The website will share news regarding our ministries and upcoming conferences. We will host past and future newsletters, ministry highlights, and spotlight the important work of the Bowman-Francis Ministry Team on the site. Also, you can now easily donate to the ministries of your choice and contribute to the ongoing mission of our work. Soon you will be able to purchase merchandise like

t-shirts and hats that also support the ministry. Please sign up through the website for our email distribution list in order to stay updated on what's happening with the Bowman-Francis Ministry.

www.bowmanfrancis.org.



MISSION STATEMENT

Our mission is to educate, evangelize, empower; and provide an environment for all people to grow spiritually and develop in their spiritual relationship with God. To celebrate our African-American Heritage and the cultural diversity of our universal church.

◆ Bowman Francis Team:

(Rites of Passage and Revivals)

Fr. Ken Hamilton—Teaching Ministry

(510) 205-5670

428 Washington Ave.

Point Richmond, CA 94801

Fr. Charles Smith—VA Chaplain

(317) 800-1621

8681 Jaffa Court E. Drive

Apartment 31

Indianapolis, IN 46260



THE BOWMAN-FRANCIS MINISTRY



Calendar of Events

Virtual Women's Retreat

St. Peter and Paul's

Atlanta, Georgia

September 19, 2020

National Black Men's Virtual Conference

October 23—October 25, 2020

All Saints Day Mass

Offering mass for Sainthood

November 1, 2020

Bowman Francis Benefactors

All Souls Day Mass

Offering mass for the faithful departed

November 2, 2020

VOTE...VOTE...VOTE

NOVEMBER 3, 2020

Multi-Cultural Ministry Retreat

Columbus, Ohio

November 13—14, 2020

Khrist Kwanzaa

Dec 26—Jan 1, 2021